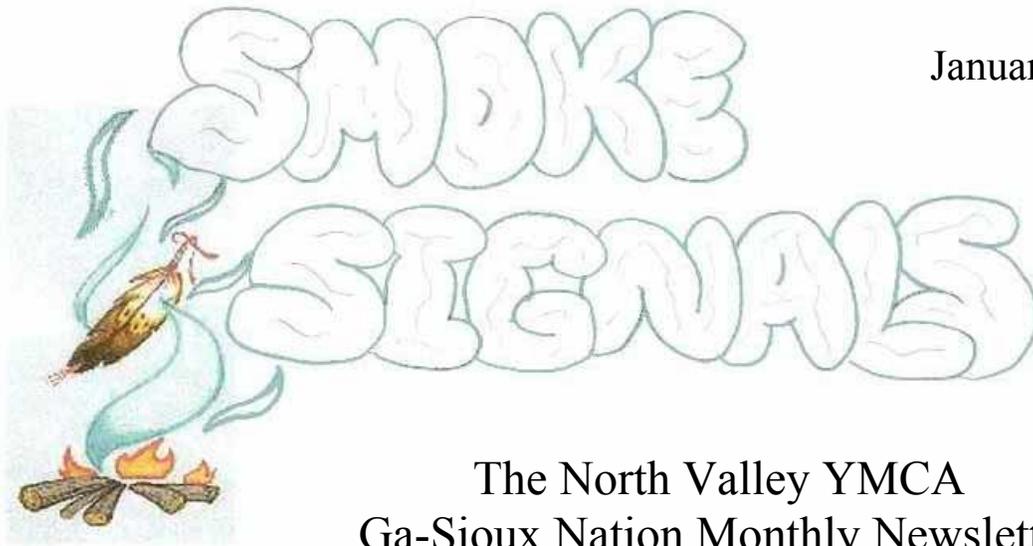


January 2002



The North Valley YMCA Ga-Sioux Nation Monthly Newsletter

Dear Guides, Princesses and Dads,

Well, regarding Camp Whittle, your chief was partially wrong on two accounts regarding the Dining Hall and snow at Camp Whittle. The Dining Hall was not completed although we were able to eat in it. Snow was hard to find around camp, but enough existed for some exciting sledding, as I witnessed the little daredevils from the Chinook and Apache tribes cascading (or was it careening) down the hill near the archery range. I was glad to see that our three new tribes, the Cree, the Zuni, and the Cheyenne, were well represented for their first winter camp. While I wasn't able to spend time with all of the tribes at Whittle, there are some noteworthy items I would like to share with you.

The MacGyver award goes to Don Shafer of the Chinook tribe for his use of a plastic water bottle and duct tape used to keep a cabin door shut yet still be opened and closed as needed.

The Boy Scout award (be prepared) goes to the Apache tribe for their fireplace and portable heaters, enabling the dads to stay outside of their cabin well into the late evening/early morning (a salute to the Captain).

The Martha Stewart award ("It's a good thing.") goes to the Mohican tribe for their lunch spread of Italian meats, breads, cheeses, and grapes.

The Helen Reddy award ("I am woman, hear me roar!") goes to the girls for beating the boys again in the tug-of-war (also kudos to their dads, and especially the anchor team of Greg "Tiny" Hamlin, and "Hairy" Mike Williams of the Sioux North tribe).

And finally, while all of the skits this camp were great (I believe all but two tribes had skits), the Frank Sinatra award for the best entertainers goes to the Chumash (mighty Chumash) tribe for their musical number, although watching the dad's cannon was a bit much!

Special thanks to Josie and her staff, and to the Chippewa and Mohave tribes for sponsoring the event.

Cosmic bowling is February 2nd at Matador bowl. Check the enclosed flyer for more information. Space is limited and we recommend you book early. Kids only will bowl unless there is space available for dads at the time of the event.

Current Support Campaign training begins on January 19th. Anyone interested in helping out with the campaign, please call the Y. Most, if not all, of you will be contacted by a volunteer to contribute to the campaign. Remember, the money collected goes to help less fortunate families and individuals, enabling them to

participate in the various programs that the Y offers. Every little bit helps, whether it's \$20, \$50, \$100, or more. As a Division Manager for the campaign and a member of the Board of Managers of the Y, I thank you in advance for your generosity and participation.

I want to thank all of you for your support of the events this year. Keep up the good work.

Chief Two Bucks

TRIBAL NEWS

CHEYENNE TRIBE

The Cheyenne want to thank you all for welcoming us into the fold. We're a new tribe this year, and we hit the ground funnin'. Crafts, songs, meetings, feasts, games, stories, outings, learning, fun, honor, loyalty, friendship . . . and Camp Whittle.

What an experience to finally break down the last remaining barriers members of our tribe may have still felt among one another. I don't know if it was the food, but one member, Windy Bear, mentioned that whenever he awoke in the night, he was quickly lulled back to sleep by the sounds of some mystic mountain music softly resonating round the cabin. Our favorite activity at the camp, however, was the climbing wall. Our five-year-olds were asking to free climb the 5.10 route, as the fathers were bouncing off the wall fifteen feet up saying, "Look, Son, no hands!" We can't wait for Fox.

A special thanks to the Chumash and Blackfeet for a warm induction at the Pilgrim Feast, and to Chief Joe Two Bucks, a good leader.

Cosmic Bowling,

Chief Two Birds

MOHAVE TRIBE

The Mohave tribe had a blast at Camp Whittle this year!! Practically filling up two cabins we were out in force and ready to go. Finally, after four long years our voices have been heard and the snow gods granted our wishes. Arriving early on Friday afternoon the Mohave boys took to the sledding slopes like fish to water. After proper luge runs were dug in, the braves zoomed down the mountain at breakneck speeds. It was just a great feeling to be romping with boys on a carefree afternoon with not a care in the world.

Starting Saturday morning the braves made their first ascents of the rock climbing wall. It does a chief proud to watch as these little guys scaled the course like it was second nature. The fathers on the other hand weren't quite as successful. Let's just say that one too many helpings at the kitchen table were apparent in our climbing prowess. Off to the arts and crafts did the braves go. Many a dream catcher and Indian necklace was created. After a glorious lunch the boys psyched up for the Nation games. Vast quantities of pinecones were collected and after numerous tabulation errors we are still not sure how we did not exit victorious. A recount is being reconsidered as we speak. One last stop before dinner was at the archery range. Nothing like a 5 year old and a metal tipped projectile to keep a dad on his toes. Many bulls-eyes were seen at this time of day. Performing for the first time the littlest braves performed superbly in our finely crafted bubble-gum skit. Great fun was had by all. Looking forward to see everyone at Cosmic Bowling.

Chief Silent Buffalo

COMANCHE TRIBE

Happy New Year to the Comanche Tribe! December was a very busy month for all of us. Thanks to Steve and Cole for hosting the meeting in December. Camp Whittle was a blast! The boys enjoyed sledding and playing in the snow but most of all I think they enjoyed being with us! Thanks to Steve, Cole, Craig, Tyler, John, Tony, Scott and Julian for joining us at Camp Whittle. Dan and Ben we missed you. Nicholas and Julian also had a wonderful time on Friday snow skiing and snowboarding at Snow Summit. Looking forward to seeing everybody at Cosmic Bowling on February 2nd.

Until we meet again..... Peace

Chief Standing Bull

SHOSHONE TRIBE

Happy New Year YMCA Guides & Princesses

Let's just say 2002 started out with a bang. Camp Whittle was a huge success and we even had snow! We had a great turnout and all the kids had a blast. The sledding, the hay rides, archery and the wonderful campfire. Everyone from the Sioux North had a great time. Some of the Dads & Daughters learned how to play Domino's too. It was an all around good time. We'd like to thank Josie Rea and her staff as always for a great weekend and Chief Two Bucks for leading our nation. A special thanks goes out to Ron Kassar from the Chumash for a great story during campfire. On the agenda for our tribe next is our tribal meeting Jan. 28th. just in time for Cosmic Bowling on Feb. 2nd. We're really excited about the upcoming events the nation has planned.

See you soon, from the Sioux North.

Chief Laughing Bear

MOHICAN TRIBE

Happy New Year Mohicans,

Camp Whittle was FUN! The girls, "Climbing Bear," "Tiger Lily," "Dancing Bear," and "Wild Horse," had a great time. Hiking, sledding, feeding the Horses and doing their skit (Amealia) were the Highlights of the trip. Saturday night dinner was the BEST. Our tribe wants to thank Josie and Joe for putting on another successful camp out. We sure missed our friends, "Feather Necklace," "Little Feather," "Little Sky," and "White Dove." Everyone is looking forward to Cosmic Bowling on Saturday Feb. 2.

Chief Walking Deer

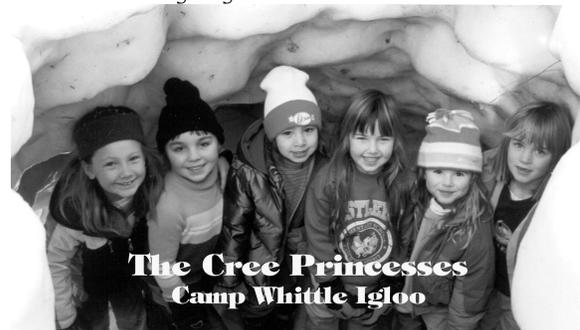
CREE TRIBE

Greetings, Cree princesses and dads! I thought Camp Whittle was a lot of fun. I hope everyone had a great time. What an opportunity for the dads to spend time with the girls and foster relationships. For a new tribe I would say we fared very well. The snowball fight, climbing wall and campfire were among my favorite activities. We seem to be a fun, outgoing bunch and I look forward to future events. I want to thank Josie and Joe for putting on such a fun event.

Welcome aboard to our new members, "Big Eagle Feather and Little Eagle Feather" (Darren and Christina F.) and "Gummy Bear and Sun Flower" (Dan and Samantha A.).

Cree! Cree! Cree!

Chief Screaming Eagle



SEMINOLE TRIBE

Howdy Howdy from the Seminoles!

What a great time we had at Camp Whittle! The weather couldn't have been better, and our braves are being flooded from all major Hollywood studios, with offers for starring movie and T.V. roles, following their splendid performance at the campfire. Anne Robinson had better watch her back as the Seminoles' own Wild Wolf was preferred hands down over her for the host spot on The Weakest Link. Good job Jamie!

The tribe had a blast practicing their archery, hiking, playing in the snow, collecting pine cones, playing tug-of-war and going on the hay ride. Swimming Wolf, Soaring Arrow, Little Bruin, Running Wolf, Snow Wolf and Wild Wolf all were sledding down that mountain so fast I think they broke a few speed records!

Our last meeting was at the home of Screeching Hawk and Growling Bear, where the tribe made dream catchers. Well, some of us did. The challenging needlework didn't detract from the fun, though, and braves Screeching Hawk, Running Wolf, Little Bruin, Snow Wolf, Soaring Arrow, Wild Wolf and Barbequed Buffalo played air hockey and other games to their hearts' content! Thanks Mark and Daniel!

Now let's start planning for Camp Fox!

Chief Shooting Breeze

CAMP FOX

March 15 - 17, 2002

More details will be in the
February newsletter

SHAWNEE TRIBE

Greetings Shawnee Dads and Princesses,
Congratulations! We all survived camp Whittle and had a great time in the process. The tribe started out the morning at camp with a breakfast of pancakes and bacon and what looked like oatmeal. The only problem was they forgot to heat any of it up. The building where our meals were served was under construction and I think the thermostat must have been set for -32 degrees. I knew things were getting bad when my daughter Stephanie started warming up her frozen orange juice in my hot coffee. After a breakfast that would have sent the average tribe on the warpath, the Shawnee's kept their good attitude and enthusiasm and set out for a day full of fun and adventure. Our first stop of the day was the activity center where we made a cool leather craft followed by a hay ride through the woods with a couple of real stinky horses. The snow gods did not bless us with any of the cold stuff but there was enough for some radical downhill sledding. We had a few flipped sleds several rock and tree near misses and of course the non-stop snowball attacks from the princesses. The sledding was the highlight of the day and luckily none of the dads needed to be airlifted to the hospital.

It was now time for lunch, thank God for Dominos pizza. Everyone ate like it was their last meal. That evening the girls performed our skit for the nation under the direction of Al "Gray Wolf" Melaragno. Everyone did a great job and I hear we got a good review in Variety magazine. The rumor is "Gray Wolf" has decided to leave the position of medicine man for the bright lights of the theatre, our best to you Al. Thank you Chippewa tribe for letting us stay with you in your teepee and sharing your campfire with us. We owe you big time. I think camp Whittle was a big success and everyone in the tribe had a great time!

Chief Claw of Grizzly

APACHE TRIBE

Greetings Apache Tribe,

First of all let me welcome you to a new year. Our December tribal meeting was a success and allowed us to make a nice little mess with peanut butter and pine cones. This was a nice little prelude into the first event of the New Year which was Camp Whittle. We had enough of the white stuff to allow the sledding to go pretty well. It is amazing that none of us needed a trip to the medicine man after sledding. Just as importantly the snowball fight and attack on the nation chief, Two Bucks, was great fun. I am looking forward to Cosmic bowling in February and Camp Fox in March.

Happy New Year,

Chief Big Chief

CHINOOK TRIBE

Happy New Year Chinook princesses

It is hard to believe that a new year has started. The Chinook tribe capped off a successful year by holding a pow wow late in the Christmas season. It looks like the frames and pictures were a good craft. Camp Whittle turned out to be a success as the weather was pretty good. The "Baby Chinook" had a pretty good time building a snowman near the teepee. Sledding was a great success this year as were the crafts and nation games. Good work to everyone who had the foresight to bring some of their own food as the tribal elders were unable to predict the incredible quality of the breakfasts. Looking forward to seeing everyone at cosmic bowling and Camp Fox.

Happy New Year,

Chief Big Chief

NATION CALENDAR

Cosmic Bowling	Sat., Feb. 2
Camp Fox	March 15 - 17
Nation Picnic	April
Sports Event	May
Spring Family Campout	June 7 - 9



Cosmic Bowling

February 2, 2002

6:30 to 8:30 p.m.

Matador Bowl

Register by Jan. 31st

Fee: \$15 per bowler

(Includes a patch)

PCS: 1000-44

Patch only (non-bowlers) \$4

PCS: 1000-45