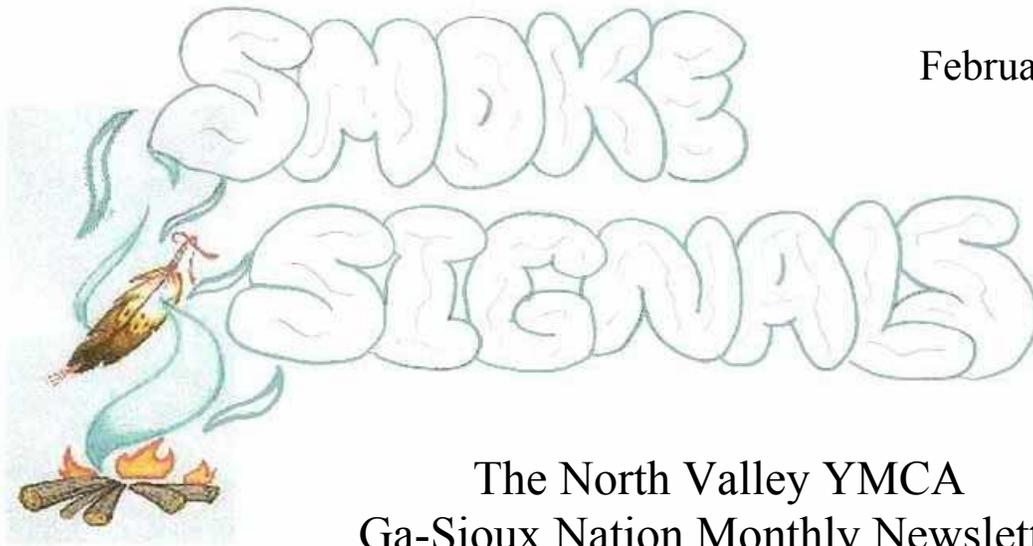


February 2002



The North Valley YMCA Ga-Sioux Nation Monthly Newsletter

Dear Guides, Princesses and Dads,

As usual, I had a great time at Cosmic Bowling. Thanks to all of you who participated. I'm really not sure why, but Cosmic Bowling is always one of my favorite events; maybe it's the loud music and purple lights, or the Destiny's Child videos, or the refreshments. Seriously, I think it's watching the kids have a great time without the adults' meddling; even the littlest bowlers can roll a bowling ball down the lane without dad's help. I think we sometimes forget what our little ones can accomplish on their own.

I am meeting with a group of dads tonight who want to form a new princess tribe. Most of these families live outside of the North Valley Y area and their local Y does not have a Guide and Princess program. The fact that these men want to join our Nation speaks volumes of the overall success of our program. Most of these new members will be attending our annual trip to Camp Fox. Be sure to give them a warm welcome.

Speaking of Camp Fox, we will be taking Catalina Cruises (aka the Slow Boat) this year from San Pedro. We tried to secure passage on Catalina Express, but they didn't have a private

boat available that weekend. For those of you who don't know, we contract with the Glendale Y, who owns Camp Fox; this contract price includes transportation and the Glendale Y uses Catalina Cruises. We attempted to contract with the Glendale Y exclusive of transportation, and go with Catalina Express, but we were unable to secure a boat with them. Alas, it's the Slow Boat to Fox this year. We have been told that we will go directly to Fox (no other stops) and return directly from Fox. The good news is you can keep control of your own luggage this year. Be sure to make your reservations early as cabins will be assigned on a first come- first served basis. Please see the enclosed flyer for more information on Camp Fox.

Campaign is in full swing. We are at 40% of goal as of February 11. Please be generous when you are contacted by a campaign volunteer. If you haven't been contacted by the time you receive this newsletter, please contact your tribal chief, myself, or Josie.

Thanks to all of you who have made this a great year. Keep up the good work.

Two Bucks

TRIBAL NEWS

ARAPAHOE TRIBE

Cosmic bowling was groovy, the kids as always had a great time. It is great to see them enjoying each others company. I think the Dad's just had fun girl watching on the music videos and kibbitzing.

Thanks to Ben for the great art project at our last meeting. It is amazing that the kids settled down long enough to get it finished.

Camp Fox here we come

CHUMASH TRIBE

What a tribe we have!

It feels so much like a family every time we're together. Bowling night was a blast and we're sooooo looking forward to Camp Fox. Our next meeting will be devoted to a new song which should be fun, and in addition, we'll be talking about another aspect of Chumash life. We've already talked about their art, dance, calendar, language, music and legends.

Yeaaaaahhhhhh Chumash (boom boom) :)

SIOUX NORTH TRIBE

February brought us cosmic bowling and the dads & daughters in attendance had a cosmic time. Fun stuff! Up next we'll have our monthly tribal to prepare for our trip to camp fox in March. Sure to be a blast, we hope all of our tribe will be able to make it. Bible peak awaits us all. Keep up the good work Guides & Princesses and of course Dads too.

See you at Fox,

Laughing Bear

MOHICAN TRIBE

We all had a great time at Cosmic Bowling. We have some pretty good Bowlers in our tribe. The Mohican Princesses bowled two games. All of the scores were very close. The dads had a great time just kicking back and watching. Although "Prowling Bear" was kept busy going between his two tribes. The bowlers were "White Dove," "Climbing Bear," "Wild Horse," "Feather Necklace," and "Little Feather."

This months meeting was held at CSUN, in the Women's gym. They were kind enough to let us have a classroom for the pre-game meeting. We were also able to watch the CSUN Womens Basketball game against Poly. The girls had a good time, as did the Dads. Enjoying the pizza and Basketball we had "White Dove," "Dancing Bear," "Tiger Lily," and "Climbing Bear." We also had an alumni with us "Sabrina" came to visit and enjoy the game. We are missing you "Little Sky!"

We are all looking forward to Camp Fox !!

Chief Walking Deer

CHEYENNE TRIBE

The Cheyenne want to welcome two new families into the tribe; Barry and Alex, and BJ (White Horse) with his son "Cool Wind" Brandon. I wish I had those names. Great to have you, guys!

I'd like to boast a 100% Cheyenne turnout for Cosmic Bowling, but at the same time confess to the nation that it was our tribe checking you in and possibly holding things up. I'm not good at making change, okay? Hemingway's credo was always "grace under pressure." Well, now I know Hemingway probably wouldn't let me on his boat. My gratitude to the member who pointed out that I gave him a hundred dollars change for a twenty dollar bill. I have a new empathy for those ambitious adolescents who stand behind the registers.

The event was cosmic, wasn't it? The strobing lights, musty mists, colored geometrics swirling ceiling to floor, voluminously echoing blasts, big screen bodies gyrating to technoid tunes and . . . vertigo. I found myself on the floor two times and the Cheyenne had to send search and rescue teams after disoriented participants no fewer than three times. The kids loved it!

Now our tribe is busy working creative ideas to raise money for the YMCA fund drive this month. I'm proud of our members for stepping forward, meeting the challenge and doing that little extra which makes a difference in a community. Way to go, Cheyenne! Mercifully, the fund drive is providing a diversion from preparation for Camp Fox. Anticipation for the Fox adventure is alight in our tribe. The kids, and Hemingway, would call it excitement; to me, anxiety may be a more accurate term.

We'll be there! Will you?

Two Birds

SEMINOLE TRIBE

Howdy Howdy to Our Bowling Buddies!

The alley was dark, the lanes were slick, the music was blasting and the pins were flying at Cosmic Bowling! Our own tribal sons, including Soaring Arrow, Barbequed Buffalo, Fire Bear, Running Wolf, Swimming Wolf and Jumping Wolf – as well as our newest member Christopher -- had the pins SCREAMING for mercy by the time the evening ended. Several strikes and spares, bowls of popcorn and pitchers of soda capped off a truly enjoyable event!

Since our last writing we had another monthly meeting, this time at the Buffalo Spread, home of Barbequed Buffalo and none other than the famous LAZY Buffalo. Why is he called Lazy Buffalo, you ask? BECAUSE HE'S LAZY!!!! Our boys had a great time listening to a story and making picture frames using feathers, beads and fur. Thanks Buffalos!

We're all looking forward to Camp Fox—see you there!

Chief Shooting Breeze

COMANCHE TRIBE

Camp Fox is sneaking up on us. I look forward to this year's trip. I hope we have the same warm weather as last year. Cosmic bowling was great time. Great job on the lanes Tyler, Tony and Nicholas. We missed the rest of the tribe but I look forward to seeing everyone at Camp Fox. Scott, everyone was looking forward to frisbee golf last month, but mother nature put a damper on that meeting. We hope to give it a shot this month.

Peace to everyone,

Chief Standing Bull

MOHAVE TRIBE

The Mohave tribe was in the house!!! Taking up the good part of three lanes the Mohave braves tore it up at Cosmic bowling. The boys had a great time rocking and rolling as they accumulated some extremely high scores. Is there anything greater than seeing the face of a five year old who has just got a strike? All of the dads had a great time and with 100% attendance we were a force to be reckoned with (at least that is what the bartender said). Of course, after a couple of rough games the boys earned a trip to Dairy Queen where much soft serve was consumed by all.

The tribe has continued on our quest to create the fastest machines that balsa wood frames can provide. The pinewood derby cars are entering their final construction phases and getting ready for race day in the upcoming month or so.

Looking forward to see everyone at Camp Fox. We'll be crossing our fingers for calm seas and warm weather.

Chief Silent Buffalo

NATION CALENDAR

Camp Fox	March 15 - 17
Nation Picnic	April 21
Sports Event	May 11
Spring Family Campout	June 7 - 9

SHAWNEE TRIBE

I would like to welcome our new members Missy, Megan & Tom L. to the Shawnee tribe. My daughter Danielle as well as the rest of the girls are excited to have Missy and Megan join in on the adventures and good times. Our January meeting was hosted by Issam & Gabriella N. at the infamous Shakey's pizza parlor in Northridge. We managed to eat a few hundred pieces of pizza along with some candy from the vending machines and topped it all off with a few sips of soda. The princesses managed to keep busy that evening getting change from the front desk and feeding the hungry video games. After spending a small fortune on games and pizza it was time for the craft. Our mission was to make snowmen out of little Styrofoam balls and toothpicks. This seemed simple enough, glue the Styrofoam together and add a few small eyes and nose pieces. After about a half hour and a few glue emergencies the dads and daughters had created masterpieces that old man winter would be proud of. Great job hosting your first meeting Issam & Gabriella, it was lots of fun.

I also want to mention our evening at Cosmic Bowling. I was very impressed with the number of strikes and spares the girls and dads pulled off during the night. I remember the days when I thought bowling was not a physical sport. I realized the next day, when my knees were aching, I was wrong. I feel lucky to have been able to spend time with my daughter and good friends.

Chief Claw of Grizzly

Camp Fox Info.

March 15 to March 17

**Fee: \$103 per person
Register by March 8th**

PCS: 1000-46

Registration: To register for Camp Fox, please use the registration form that is attached to this smoke signals. You can mail your registration form to Josie at the YMCA.

Directions: We are departing from Catalina Cruises in San Pedro. Take the 110 Harbor Fwy south and exit at Harbor Blvd. Travel straight through the intersection into the Catalina Sea and Air Terminal parking lot (follow the yellow "Catalina" signs). The point of departure is the Catalina Sea and Air Terminal in San Pedro.

Parking: You may park anywhere in the lot. The rate is \$10 per 24-hour period and portions thereof. It is recommended that you car pool to the terminal with other tribal members.

Check-In/Loading: Plan on arriving one hour ahead of departure time. The boat is scheduled to depart at 6:45 p.m. We will have a table set up for check in, you must check in. Loading begins approximately 30 minutes ahead of departure. Make sure that your luggage has a name tags, tags will be available when you check in.

Equipment: All items should be marked with your name. Equipment is to be brought to camp at your own risk. The Glendale Family YMCA (they operate Camp Fox) is not responsible for lost or damaged equipment. The following is a suggested packing list:

- Old and durable clothes (second best not new)

- Sleeping bag marked with your name
- 1 pair of long pants
- Sweater, sweatshirt or heavy jacket
- 2 t-shirts
- Shorts
- Swimsuit
- Comb, brush, toothpaste, toothbrush, soap
- Tennis Shoes
- Pajamas
- Wash cloth, towel, beach towel
- Sun block
- Sunglasses

Optional: Camera, fishing equipment, ice chest with goodies, snacks. Camp Fox does operate a camp store which sells drinks and snacks.

Refunds: No refunds will be issued after Wednesday, March 13th.

Camp is held rain or shine.

For more information, contact your tribal chief or Josie at the YMCA at 818-368-3231.